

## CURRICULUM VITAE

# TERRI BECHTEL GREENBERG, PT, DPT, OCS, MTC

## EXPERIENCE

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Owner, Founder and Clinical Director, **Bechtel Physical Therapy**,  
Sherman Oaks, California.  
Specializing in treatment of orthopedic disorders, athletic injuries and  
musculo-skeletal disease and dysfunction.

Director of Physical Therapy, Rancho Encino Hospital,  
Encino, California.

Director of Physical Therapy, Sherman Oaks Community Hospital,  
Sherman Oaks, California.

Staff Therapist, Valley Hospital Medical Center,  
Van Nuys, California.

## EDUCATION

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University of California at Los Angeles.  
Bachelor of Science in Kinesiology (with Honors).

California State University, Northridge. Post-graduate study in  
Physical and Life Sciences.

Children's Hospital of Los Angeles. Certificate of Proficiency in Physical  
Therapy. (The equivalent of a Master's Degree in Physical Therapy.)

Certified in Spinal and Extremity Manipulation and Orthopedic Physical  
Therapy from the Institute of Graduate Physical Therapy. 1991.

Board Certified Clinical Specialist in Orthopedics. 1995.

University of St. Augustine-Institute of Graduate Health Sciences.  
Doctor of Physical Therapy. 2004.

Certified Graston Technique Practitioner. 2009.

## **PROFESSIONAL CONTINUING EDUCATION**

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- Update on Anterior Cruciate Ligament Injuries  
APTA, Orthopedic Section 30 Hours
- Strength and Conditioning  
APTA, Orthopedic Section 30 Hours
- Graston Technique  
Basic and Advanced Modules  
Certified Graston Practitioner  
Therapy Care Resources, Inc. 26 Hours
- Current Concepts in Management of the Injured Athlete – The Knee and Shoulder  
Select Medical Outpatient Division  
Clinical Education Department 10 Hours
- The Niel- Asher Technique For Frozen Shoulder  
Qualified as Licensed Practitioner  
Defrost Training Ltd.  
Simeon Niel-Asher, DO 64 Hours
- Sports Physical Therapy Section's Team  
Concept Conference  
APTA, Sports Physical Therapy Section 18.5 Hours
- Postoperative Management of Orthopaedic Surgeries  
Orthopaedic Section, APTA, Inc. 30 Hours
- Evidence-Based Laser & Light Therapy: Introduction & Protocols For The Healthcare Provider  
NATABOC, Michelle Cameron, MD, PT, OCS 6.5 Hours
- Multidisciplinary Spine Update  
California Physical Therapy Association 3 Hours
- Mulligan Technique: Mobilization with Movement  
Seminar  
Northeast Seminars 16 Hours
- Mulligan Concept-Follow-Up: Mobilizations  
With Movement  
Northeast Seminars 13 Hours
- Advanced Kinesiotaping 7 Hours

## California Connection Connection

- Fundamentals of Kinesiotaping  
USC Center for Athletic Medicine 13 Hours
- Spinal Instability-Whole Spine Stabilization  
University of St. Augustine 7 Hours
- Functional Analysis/Management of  
Lumbo-Pelvic-Hip Complex  
Univ. of St. Augustine 16 Hours
- Mulligan Concept-Mobilizations  
With Movement.  
Brian Mulligan 13 Hours
- Strain & Counterstrain 1  
Jones Institute 20 Hours
- McConnell Approach to the Problem  
Shoulder.  
Jenny McConnell, PT, GDMT 14 Hours
- S3-Advanced Evaluation/Manipulation  
Of Cranio-facial region, Cervical/Upper  
Thoracic Spine 32 Hours
- An Integrated and Biomechanical  
Approach to Shoulder Girdle and  
Glenohumeral Articulation 12 Hours
- Mobilization of the Nervous System  
David Butler, PT, GDAMT 14 Hours
- The Motor Vehicle Accident Patient  
James Meadows, BSC, PT, CMT 24 Hours
- Spine and Shoulder Dysfunction  
Ola Grimbsy, PT, MOMT 9 Hours
- Anatomy of the Shoulder with Dissection  
Alison McKenzie, PhD, PT 8 Hours
- Musculoskeletal Evaluation and Treatment  
Florence P. Kendall, PT 8 Hours

- Mobilization of the Nervous System  
Neuro Orthopedic Institute 16 Hours
- Year Long Manual Therapy Course 160 Hours  
Pacific Manual Therapy  
Joe Godges, PT, OCS
- Evaluation and Treatment: Upper Quarter. 84 Hours  
Clinical Seminars in Manual Therapy
- Locomotor Biomechanics and Applied 16 Hours  
Orthotic Therapy.  
A.P.R.N.
- Advanced Cranio-Vertebral Evaluation 36 Hours  
and Treatment.  
International Federation Of  
Orthopedic Manual Therapists
- The McConnell Patellofemoral Treatment Plan 16 Hours
- Advanced Evaluation and Manipulation of 36 Hours  
The Pelvic, Lumbar and Thoracic Spines
- Advanced Evaluation and Manipulation of the 36 Hours  
Cranio-Facial, Cervical and Upper Thoracic  
Spines
- Spinal Evaluation and Manipulation 68 Hours
- Myofascial Manipulation 24 Hours
- Extremity Evaluation and Manipulation 36 Hours
- Functional Orthopedics 24 Hours
- Arthritis Health Professionals Fellowship 56 Hours
- John F. Barnes, Myofascial Release 1 20 Hours
- Arthritis Update 24 Hours
- Cyriax: Evaluation and Treatment of Low 24 Hours  
Back, SIJ, Buttock and Hip
- Cyriax: Evaluation and Treatment of 36 Hours

Cervical Spine, Shoulder, Ankle and Foot

- TMJ and Related Structures 16 Hours
- Mobilization of the Lumbar Spine using the McKenzie Approach 16 Hours

## **PUBLICATIONS**

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Bechtel, T.; Fan, P.; "When Is T.E.N.S. Effective and Practical For Pain Relief," The Journal of Musculoskeletal Medicine.

## **LECTURES/TEACHING EXPERIENCE**

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Bechtel, T.; Invited Speaker, "Ask the Physical Therapist." Arthritis Foundation Estate Planning Day – Ask The Physical Therapist. Warner Center Marriott, Woodland Hills.

Bechtel, T.; Invited Speaker, "Exercise Therapy for Fibromyalgia." The Norma Borie Fibrositis Symposium. The Radisson, Westlake Village.

Bechtel, T.; Invited Speaker, "Exercise and Physical Therapy for Lupus and Fibromyalgia." Sherman Oaks Community Hospital.

Bechtel, T.; Invited Speaker, "Stand Up and Deliver." Temple Adat Ari El. North Hollywood.

Bechtel, T.; Invited Speaker, "Management of Fibromyalgia From A Physical Therapy Prospective." Westlake Hospital, Westlake.

Bechtel, T.; Invited Speaker, "Degenerative Joint Disease – Diagnosis And Treatment." Valley Storefront Multiservice Center. North Hollywood.

Bechtel, T.; Invited Speaker, "The Physical Therapy Management of the Patient With A Pain Amplification Syndrome." Santa Monica Hospital.

Bechtel, T.; Invited Speaker, "Management of Fibromyalgia From a Physical Therapy Prospective." The Norma Borie Fibrositis Symposium. The Los Angeles Hilton Hotel.

Bechtel, T.; Invited Speaker, "Fibrositis, Evaluation and Treatment." Rancho Encino Hospital.

Bechtel, T.; Invited Speaker, "Managing Fibrositis."  
Rancho Encino Hospital.

Bechtel, T.; Fan, P.; Broukhim, B.; Invited Speaker, "The Role of  
Physical Medicine in the Treatment of Rheumatoid Arthritis." St. Joseph's  
Hospital.

Bechtel, T.; Invited Speaker, "Stress Management." Sherman Oaks  
Community Hospital.

Bechtel, T.; Invited Speaker, CEU Course "Back Trauma."  
Sherman Oaks Community Hospital.

## **COMMITTEE DUTIES**

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Member, Fibrositis Sub-Committee – Arthritis Foundation. April 1990-1996

General Meeting Program Chairperson for California Private Practice  
Special Interest Group. 1991 – 1993.

## **SOCIETIES**

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Member, American Academy Orthopedic Manual Physical Therapists.

Member, A.P.T.A. Orthopedic Section.

Member, A.P.T.A. Private Practice Section.

Member, Arthritis Foundation, Allied Health Professionals.

Member, California Private Practice Special Interest Group.